

Mental Health First Aid USA



MENTAL
HEALTH
FIRST AID®

Travis Nielsen

Has completed the 8-hour course and is now certified in

Adult

Mental Health First Aid USA

And has been trained to provide initial help to people experiencing problems such as depression, anxiety disorders, psychosis, and substance use disorders.

This certificate became effective on: 7/11/2019

Kate Goldhaber

Instructor

Sarah Thilges

Instructor

NATIONAL COUNCIL
FOR BEHAVIORAL HEALTH
STATE ASSOCIATIONS OF ADDICTION SERVICES
Stronger Together.

National Council for Behavioral Health operates Mental Health First Aid in the USA. The National Council for Behavioral Health, the Maryland Department of Health and Mental Hygiene, and the Missouri Department of Mental Health founded Mental Health First Aid USA.